



Unit 1 Get Ready to Learn



Get Ready to Learn supports children as they acclimate to the classroom environment. This unit focuses entirely on social-emotional learning coupled with classroom expectations and routines. Children learn strategies for relaxing and learning at school. Children learn about new experiences, such as playing in Centers, transitioning between activities, and learning in whole group and small group. Children will practice participating in conversations, as well as, how to identify, talk about, and respond to feelings.



ECR @ Home

Families are encouraged to continue learning at home through books, conversation, and activities.



Conversation: Talk with your child about play while reading *Play* by Ann Morris. How are children playing in similar ways? How are they playing differently?



Activities: Create a goodbye routine. Give your child a hug or high five and encourage them to have a great day!



Books: *When Sophie Gets Really Really Angry* by Molly Bang, *Play* by Ann Morris, *Mine!* by Shutta Crum

Social-Emotional Learning

Adjust to new experiences and expectations

Express, recognize, and describe basic emotions such as happiness, surprise, anger, fear, and sadness

Ask for help and participate in group activities

Practice identifying and managing strong emotions

Language and Literacy

Demonstrate understanding of classroom vocabulary such as the names of Centers and materials.

Become familiar with letters and rhyme

Math and Science

Count aloud 0-3

Observe, explore, and ask questions about materials and objects

Unit 1 in the Classroom

